



**MCA December 02, 2016 Board Meeting  
7-10 PM  
Chef Tony's Bethesda**

- 1) Roll Call (Cathie) Ajita, Genardra, Miranda, Maya, Karol, Sarah G., Ronda, Michelle S., Stephanie, Christian and Cathie
- 2) Approval of Agenda (Christian) Motion by Karol, seconded by Ronda; unanimously approved
- 3) Approval of Previous Minutes (Christian) Motion by Karol, seconded by Cathie, unanimously approved

**MCA Executive Committee**

- 4) President's Report (Christian) Completing post-conference tasks, gearing up for ACA next March, and once again partnering with NECA to co-sponsor joint reception, will discuss more with Kay and Marsha. Kay Brawley/Katherine Roland will be our keynote speaker for 2017 conference!
- 5) Treasurer's Report (LaNail)—no report. Discussion about change in reimbursement procedures, possibly submit in DropBox? And to increase division conference fees, we are undercharging for our services as is usual in our field.
- 6) Executive Director's Report (Marsha)— no report
- 7) Past-President's Report (Stephanie)—Working on nominations for President (elect), Secretary and Treasurer. Need to vet candidates to be clear on time commitments, and skills needed. Will actively start nomination process in Jan/Feb with election in April so new leaders can attend ILT training in July. Working on divisions, Wild Apricot issues resolved, need to add access for Nick to check membership categories. Actively working with MCDA on leadership pipeline, and reaching out LCPC-M to resurrect relationship.
- 8) President-Elect's Report (Karol)—Working on establishing date and location for next year's conference, following up on date and location for Advocacy Day in Annapolis, possible dates include Feb 7,14,or 21.
- 9) Member-at-Large's Report (Sarah Gilden)—Continuing to support treasurer, and need to design SOP manual to aid in training next Treasurer.

**Additional Agenda Items**

- 10) Two Proposals for Spring Professional Development Events, dates April 28-29.

- a. Courageous Conversations Series: White Privilege and Counselor Education---need to continue courageous conversations in light of recent news events.
  - b. Courageous Conversations Series: LGBTQ+ Populations/Sexual Health, Wellness, and Best Practices
- 11) Consider MCA joining Maryland Behavioral Health Coalition through Mental Health Association of Maryland (Cathie)—Need more information to discuss at next meeting. Cost \$100/year to join in advocacy efforts, need to make sure advocacy stances align with MCA’s mission.
- 12) Kaiser Health Care benefit for MCA Members (Cathie)—Attempts were made to contact major health care insurers to see if we would qualify for a group health rate discount as an added benefit to MCA members. Kaiser was the only one to respond and the sales rep ignored follow up calls/emails when first phone consult was missed. He assumed he was getting Loyola account from Cathie’s original email...Sarah and Karol offered to send alternative insurance reps to contact, as well as AFLAC. This would be a good benefit to increase membership.

### **MCA Standing Committees Reports**

- 13) Newsletter (Michelle)—Next deadline is Jan 20. Please consider submissions to encourage highlight of divisions and committees. Articles need not be research supported for peer review.
- 14) Public Relations (Marybeth/Emily)— Utilized Facebook Live throughout conference, updated Facebook page with updates and pictures as conference went on. Currently reminding members on social media and e-blast of 50<sup>th</sup> anniversary logo contest (to date only one inquiry, no submissions). Getting to know your Board Member on social media (Christian) encourage discussions among members highlighting awareness days, etc.
- 15) Membership (Nick)— no report
- 16) Advocacy (Janelle)— no report-see Karol’s remarks
- 17) Technology (Jose/Robert)—no report
- 18) Bylaws (Missy Wheeler) - Missy is working on streamlining committee list and establishing communication channels, meeting schedule and protocol. Coordinate annual review of by-laws and consider proposal to merge with Ethics Committee
- 19) CE/Credentialing (Michelle/Genardra) -need to change by-laws to match NBCC designation of CE not CEUs...work in progress on CE for conferences, Christian added Michelle to WA access, special meeting scheduled Dec 11
- 20) Program Planning (Lenese/Sarah V) no report, special meeting scheduled Dec 11
- 21) Emerging Leaders and Graduate Student (Sara P.)— no report
- 22) Awards (Maya)— see attached report
- 23) Technology—Need to create tech committee to manage Dropbox, help PR and Web team

### **MCA State Divisions**

### Division Updates

- a) MAMCD (Sherritta)—no report
- b) MACES (Ajita)—Series of events
- c) MASERVIC (Lisa)— no report
- d) MCDA (Ronda)—
- g) MAMFC (Vacant)—no report
- h) MALGBTIC (Tony)—no report
- i) MSCA (Ed)—Annual conference Mar 31 in Greenbelt. Looking for mental health counselors to provide professional development lunch workshops with school counselors.

Additional Discussion: strategic planning for Conference 2017, Emails on GoDaddy possibly hacked and use of multiple gmail accounts. Request Maryiln Maze to return and assist MCA, new leadership nomination candidates, reactivating MAMFC.

19) Announcement of Next Board Meeting--  
January 29, 2017 7-9pm via Zoom

20) Board Meeting Adjournment