

Maryland Association for Counseling and Development

Retreat June 11, 2009

Present: Pilar Hernandez, MACD President, Elizabeth Nyang, MACD Past President; Marilyn Maze, MACD Secretary, Angela Baldwin, MAMCD President-Elect; Mavis Lewis, MAMCD Treasurer; Kay Brawley, MAMFC President, Marthe Diso, Vivian Lee, Terri McShain

Part 1: Board Meeting

Called to order: 9:10

Introductions: Pilar is the Director of the clinical counseling program at JHU. Terri has volunteered for the office of Secretary. She is the Past President of the Baltimore County School Counselors Association. Kay is looking for a replacement for MAMFC and is an MACD Past President who worked on getting the LPC regulations passed in 1989. Vivian works at the National Office of School Counseling Advocacy for the College Board and at the University of Maryland, College Park, teaching school counseling. Marilyn works for ACT developing DISCOVER, a computerized career planning program. Angela is a doctoral student at Bowie State and works in rehabilitation. Elizabeth now has a contract to provide substance abuse counseling services to Montgomery County. Her agency provides a self-awareness program that includes music, poetry, Buddhism, movies, and acupuncture.

Goals for the year: Pilar would like to see more people in leadership roles. She will try to limit her goals for the year so that we can focus. We agreed that we want to offer valuable training and CEU opportunities to our members, and discussed topics. One of her students, Barbara Francis, is a lawyer and interested in advocacy to add "counselor" to the list of professionals qualified for jobs in state government clinical positions because counselors are currently not considered qualified for these positions. Elizabeth volunteered to offer a workshop on substance abuse counseling for non-English speaking women. Another suggested topic was employment issues during these recessionary times and Marilyn offered to see if MCDA would co-sponsor a workshop. Kay pointed out the NECA July workshop on this issue.

In discussing who our members are, we mentioned that MSCA and MLPC have split off. Vivian pointed out that Counselor Educators are still part of our group and she would like to get them more active. Pilar wanted to get leaders of other organizations together with faculty to dialogue and develop an action plan. She says faculty need to know who is doing what and need to work together. Kay suggested that we need liasons with MSCA, MLPC, and rehabilitation. Pilar suggested we should reach out to these organizations and invite them to attend our meetings. Vivian pointed out that MSCA is working on unity between the eastern and western parts of the state and recommends that we form subgroups to address these different regions. Marilyn asked if we can reactivate MACES. Elizabeth suggested we need to be sure we have the counselor educators and LPC's on our email list.

Annual conference: We selected either Friday, April 30, 2010 or Friday, May 7, 2010 for the date. We are planning to hold it at Bowie State because we need a large space. But we agreed that JHU would work if Bowie State is not available on that date. We really want to hold it on a Friday. Pilar would like each of the divisions to sponsor a workshop. Angela pointed out that MAMCD wants multicultural concepts to be part of every workshop, not a separate workshop. Mavis pointed out that in the past every division would offer a session in the afternoon, while the morning would consist of general sessions. For the theme, Pilar suggested "Looking Forward – New Horizons in Counseling." Other suggested themes include Crisis Intervention, Accountability, Advocacy, and Emergency Petition Process (for Medicare/Medicaid for mental illness).

Part 2: All Members Welcome

10:30: We were joined by Jacqueline Burson, a graduate student, Gabrielle Perskie, who works at the Maryland Correctional Institution for Women in the Additions section, and Janet Glover-Kerkvliet who works at Keypoint Health Services in Dundalk. Jackie will be our Event Registrar, Gabrielle will be our CEU Chair, and Janet will be our Public Relations Chair.

Treasurer's Report: Marilyn shared the most recent MACD financial statement, which covered July 1, 2008 through April. She also described the new system which our accountant will use for categorizing income and expenses starting on July 1. Our Chart of Account needs to contain the same line items every year and for every division. It has been difficult in the past to interpret the names of the line items and to understand what is classified where on our financial reports. This year an account will be created for each month it both the Income and Expense parts of the Chart of Accounts. If we have an event in that month, all income attributable to that event will go into the Income account for that month and all expenses will go into the Expense account for that month. If MACD has no event in a given month, MACD will not see that month on its statement. However, a division might have an event it that month, and would see that month on its

statement. Then we will more be able to see event income related to expenses. Of course, general expenses such as fees for the accountant and the website will continue to be separate accounts.

ACA Training: ACA is offering a Leadership Training Conference for ACA state branches and their division leaders in Alexandria July 30 – August 1. MACD would like to send as many people as possible to take advantage of this low-cost opportunity. Hotel should cost \$139 a night, registration is \$150, and food and transportation expenses would need to be covered. Therefore, the following resolution was made by Marilyn and seconded by Elizabeth:

MACD will support attendance at the ACA Leadership Training Conference in Alexandria, VA, for MACD Board Members. MACD will reimburse up to \$450 per person.

People who wanted to attend included Pilar, Terri, Janet, and Gabrielle. Others were not available on those dates. Kay expressed a concern that MACD had not asked ACA for assistance for this expense. Pilar agreed to follow up with ACA and see if she could get reduced fees.

[Subsequently, Pilar convinced ACA to grant 4 free registrations to MACD. Terri dropped out due to family issues and Michelle Carroll, MCDA President-Elect, took her place.]

Tasks: We listed our needs and the new people at the meeting accepted the positions indicated above. Mavis agreed to work on finding Past Presidents. Marilyn sent her a list of Past Presidents who we have lost contact with and she will try to track them down. Gabrielle also explained that she was blocked out of many jobs because her degree was in counseling, and she is interested in working on advocacy for that issue.

Credit Card: Due to the need to pay for hotel rooms for speakers and similar expenses, MACD would like to have a credit card. We will ask Robert Liberto about getting one.

Annual Conference: We revisited this topic. We will ask hotels for the cost of meeting space. We will have general speakers in the morning and break-out session in the afternoon. The theme we selected was “Facets of Advocacy.” This can include self-advocacy, and advocacy for all types of counseling needs. We agreed to hold a joint reception again at ACA with NECA, Rehab, ACET, NCDCA, ASCA, etc. Pilar will send a Call for Programs to our members to see which topics they suggest. The call for programs will ask for the length of the program, the specialty area, how it is culturally responsive. We will try to have 2 or 3 simultaneous sessions. Will there be exhibitors? Poster sessions?

Tentative Schedule:

- Late September: Barbara Francis, Advocacy
- Early November: Vivian Lee - ? JHU, Columbia
- March 5: Elizabeth Nyang – Substance Abuse – Rockville, half day
- April 30 or May 7: Annual Conference

Elections: Terri has volunteered to run for Secretary. Anke Dill will continue as Treasurer. Vivian Lee is considering running for President-Elect. We need bio's for all of the positions. Marilyn, as the outgoing Secretary, will compose and send the ballot.

Adjourn: 2:00 PM