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# Compass Points

MARYLAND COUNSELING ASSOCIATION (MCA)  
A BRANCH OF ACA

*“SERVING THE COUNSELING, GUIDANCE, AND HUMAN DEVELOPMENT PROFESSIONS”*

## A Message from the President:

I am honored and thrilled to write this first message to you as the new president of the MCA. I look forward to serving you and the MCA this leadership year and I am excited about all the new and thrilling initiatives, events, and services that are developing in the association—thanks to our wonderfully creative and dedicated volunteers at the MCA.

Under the guidance of our past-president, Marsha Riggo, the MCA has recently undergone a great deal of growth and development such as offering more educational events, alignment of our organization model with the ACA, and a more active involvement in leadership development—our new leaders started the leadership year by attending the ACA’s Institute for Leadership Training earlier this summer. Moving into the next year, the MCA will maintain this momentum of growth and development by initiating new projects and services including Building a Bridge to Graduate Institutions, the Counselor Wellness Initiative, Membership Socials, improved organizational processes, and much more.

Over the years, you have supported the MCA by participating in our events, workshops, and annual conferences—this year we will be offering you more networking and educational events to support you as graduate students and counseling professionals. For example, president-elect, Tony Spann, will be hosting our first MCA social on September 21, 2013 as an opportunity for you connect with other professionals and students in the MCA network (and enjoy some home cooked food provided by our

To Register for MCA, or any of our Events, please go to:

[www.md-counseling.org](http://www.md-counseling.org)

Find us on Facebook or Twitter:

@md\_counseling



volunteers). Also, the MCA annual conference (November 8, 2013 at Johns Hopkins University in Columbia, MD) will provide you will educational sessions focused on working with specific populations—featuring Dr. Stacey Reicherzer, a recognized expert in feminist and relational-cultural theory with a clinical and research background addressing the needs of diverse groups such as homeless persons, victims of interpersonal violence, persons with drug addictions, and the LGBT community.

I would also like to take a moment to pay tribute to all the volunteers that contribute to the growth, development, and sustainment of the MCA—without their commitment, efforts, and contribution of unique skills and creative thinking, the MCA would not be able to fulfill its mission. I cannot speak highly enough of the incredible volunteers we currently have servicing as officers, board members, committee chairs and members, and in many other roles who are moving the MCA into the future. Also, I encourage you to volunteer with the MCA and contribute your skills, talents, and experiences to our fantastic and historic organization.

Finally, I want to stress the MCA’s commitment to serving our membership, counseling students and professionals, and the broader community in Maryland. To support this commitment, I believe open communication within the MCA community will be vital; therefore, I have an “open door” policy and encourage you to reach out to me through email, on the phone, or at any of our events to share your feedback and suggestions about our organization’s efforts and activities or to discuss how you can become further involved as a volunteer. Thank you and have a wonderful year.

Charles Guthrie  
President, Maryland Counseling Association



### \*\*\*NEW NAME CHANGE\*\*\*

MACD has changed its name to  
**Maryland Counseling Association (MCA)**  
which helps us to better identify our relationship to ACA. MCA members previously voted on the MCA name change which was also endorsed by the ACA Governing Council.



### **Program Description:**

Serving Together, a project of [Mental Health Association of Montgomery County](#), is here to make it easier for all of those who have served in the Armed Forces, National Guard or Reserves, and their families, to access the local services they need in Montgomery County, Md. Serving Together knows the local community, and the goal is to provide clear guidance for local members of the military on how they can access the resources they deserve.

To do so, Serving Together coordinates with local nonprofits, community organizations, local businesses and County government to design a system of care to better support local service members. Everyone has a role to play in supporting troops, veterans and military families, from local nonprofits and businesses to policymakers and volunteers. You can learn more about Serving Together or access the Service Directory at [www.ServingTogetherProject.org](http://www.ServingTogetherProject.org).

### **Training Opportunities for Licensed Professionals**

Annually in the Spring, Serving Together offers a continuing education seminar for licensed mental health professionals. In the Spring of 2013, Serving Together's "Understanding Warzone Deployment and Homecoming: The Impact of Military Service on Family" offered 6.0 continuing education credits for the providers who attended. Interested in learning more about how you can be at Serving Together's 2014 seminar, go to [www.ServingTogetherProject.org](http://www.ServingTogetherProject.org) and sign up for our weekly newsletter (Friday mornings).

### **A Resource for You!**

Serving Together's Veteran and Family Peer Navigator works to guide military, veterans, their families, and service providers through a sometimes complicated and fragmented system of resources and information in Montgomery County, Maryland. The Veteran and Family Peer Navigator understands military culture and veteran resources and will be your guide to a more easily-accessible system of care. At its core, the Peer Navigator is able to bridge the gap of knowledge between those who are trying to access local information and resources to those who can provide the services in the community!

The Veteran and Family Peer Navigator is here for you, too, as a service provider! If you have questions about resources or would like more information, you can reach the Peer Navigator in several easy ways:

- By phone Monday – Friday from 9:00am to 4:30pm at 301-738-7176
- By email at [PeerNavigator@servingttogetherproject.org](mailto:PeerNavigator@servingttogetherproject.org)
- Or through our online message system at <http://servingttogetherproject.org/peer-navigator/>

All questions about Serving Together can be directed to Jessica Fuchs, Project Director, at [jfuchs@mhamc.org](mailto:jfuchs@mhamc.org) or 301-424-0656, ext., 556. You can always follow Serving Together on Facebook at [www.facebook.com/ServingTogetherProject](http://www.facebook.com/ServingTogetherProject) or on Twitter [@ServingTogether](https://twitter.com/ServingTogether).



## **SAVE THE DATE**

**\*Friday November 8th, 2013 \***

### **MCA ANNUAL CONFERENCE**

*Counseling Specific Populations*

**Columbia, MD**

*Engaging workshops focusing on providing counseling services to specific populations, such as:*

- LGBTQ clients
- Ethnic minorities
- Children/adolescents
- Deaf or blind clients
- Military personnel and their families
- Homeless clients
- Clients in a forensic setting
- More!



***Keynote Speaker:***  
***Dr. "Stacey" Reicherzer***

Stacey Reicherzer, PhD, LPC, or "Dr. Stacey" as she is professionally known, is a transgender woman whose clinical and research background have focused on the lives and experiences of LGBT persons, with particular emphasis on those from communities of color. Her most recent study examined resiliency in the lives of transsexual Mexican women in their navigation of racism, homo-hatred, and transphobia. Dr. Stacey has recently premiered the new "Ask Dr. Stacey" series on YouTube to promote understanding about transgender issues, sex and sexuality, and relationship challenges that she commonly encounters in her work.

## SAVE THE DATE:

### *Solution-Focused Counseling Workshop with Dr. John Murphy*

**When:** Friday, October 4, 2013

**Where:** Johns Hopkins University Montgomery County Campus, Rockville, MD

**Cost:** \$65.00

**\*\*CEUs AVAILABLE\*\***

The Johns Hopkins University School of Education will be hosting a Solution-Focused Counseling Workshop with Dr. John Murphy on Friday, October 4, 2013.

Dr. Murphy is an internationally recognized leader and trainer in the practice of solution-focused brief therapy with children, adolescents, and school problems. He has written several books including *Solution-Focused Counseling in Middle and High Schools* and *Brief Intervention for School Problems: Outcome Informed* as well as numerous articles and book chapters on school behavior problems and solution-focused applications in schools.

[Click here](#) for a flyer with additional details about this exciting opportunity for professional development.

Please contact the Johns Hopkins University School of Education for registration information.

## Build a Bridge to Graduate Institutions

The Maryland Counseling Association (MCA) is excited to share our new initiative: "Build a Bridge to Graduate Institutions." The initiative aims to build a strong relationship between local universities and MCA that fosters the support and development of graduate students and new professionals.

MCA wants to support faculty and students by: (1) informing students of our national parent organization the American Counseling Association (ACA) and counselors roles nationally and locally; (2) providing guidance through MCA such as networking, socializing, and mentorship; (3) providing a place for students to create and share ideas as well as foster their skills with the support of other colleagues; and (4) being a part of an organization which appreciates their efforts as counselors while understanding their individuality.

At this time, MCA members are meeting faculty and students at their institutions: Johns Hopkins, Loyola and Bowie. MCA recognizes by attending graduate meetings/events and discussing the benefits of MCA/ACA can encourage new professionals to get involved, stay involved and grow in the field of counseling.

MCA strongly believes it can be an additional support system for faculty and students, with this recurring opportunity to connect and support our students to grow in the field of counseling.

Sincerely,  
Rufus Tony Spann, MCA President Elect

## \*\*MCA's New Website\*\*

If you have visited our website, [MDCounseling.org](http://MDCounseling.org), this month, you know that it has a new look. Behind the scenes is a different Online Membership Management System. Please check out the new website.

What does an Online Membership Management System provide?

1. It includes a database of contact names, membership status, past events attended, fees paid, etc. We transferred all of the current data, and downloaded the historical data, so that we can look up the information if questions arise. Your information should now be in the new system.
2. It collects payments for events. We are in the process of setting up a new credit card processing system. In the meantime, we are using PayPal.
3. It sends reminders when your memberships expires and assures that members are charged member rates for events. It also delivers newsletters and announcements to you. If you do not wish to receive our announcements, you can Unsubscribe and we will take your name off of our contact list.
4. It hosts our webpages, photos, documents, etc., which can be accessed by any authorized person anywhere in the world that has an Internet connection (even when we are on vacation).

Why did we do this?

1. The primary reason for the change was to make life simpler for the Board. We need a system that is easy to use, since our Board members are all volunteers, change often, and we cannot expect them to learn a complex system. We believe that the new system is much more intuitive and will, therefore, be easier to maintain.
2. The new system costs less and we pay a fixed fee per month. Previously, we also paid a small amount for each transaction, but small amounts add up.

What does the new system mean to you?

1. The information that did not transfer includes your password and your photo. Please visit the new website and log in. There is a small logon box in the upper right. Enter the same email address that you previously used. Then click Reset Password. If you have any problems, send an email to [Website@MDCounseling.org](mailto:Website@MDCounseling.org). When you view your profile, you will immediately see that it looks different. Please upload a small picture of yourself (just your face) so that acquaintances from past events can find you. As counselors, we love to see smiling faces, and adding yours to your profile really helps us to feel connected.
2. All of the association emails changed. To reach us, visit the Contact US page.
3. Some information may have been lost during the transition. Our previous provider shut off our access prematurely and we were not able to access transactions that occurred in the final week of May or the first week of June. If your information did not transfer correctly, send an email to [Website@MDCounseling.org](mailto:Website@MDCounseling.org).
4. Remember to log on whenever you visit our website (or "Stay logged on") so that you can see the special features for members, including the Membership Directory. We hope that you enjoy our new website. Please let us know if there are features that you would like us to add.

MCA Presents:

## Counselor's Hall of Fame:



### Lee Richmond, Ph.D.

- Licensed Psychologist in the state of Maryland
- Professor of Education- Loyola University Maryland
- Director of the School Counseling Program – Loyola University Maryland
- Affiliate faculty Loyola University Pastoral Counseling Program- served on six doctoral dissertation committees related to Spirituality and Counseling

- Specialty: Women's Spirituality
- Consultant and national trainer- United States Postal Service
- Consultant and trainer- Recruit Company Ltd, Japan
- Master trainer. CDF
- Awarded the Eminent Career Award by NCDA 2002
- Past President of:
  1. American Counseling Association (ACA)
  2. National Career Development Association (NCDA)
  3. Maryland Counseling Association (MCA)
  4. Baltimore Psychological Association (BPA)
  5. MACES
  6. MASERVIC (current President)
- Presenter at eighty conferences ( APA, Div.36, ACA, NCDA)
- Author of four books, numerous book chapters and articles.
  - One of the latest being: *Constructing the Connection between Spirituality, Work and Family* in the OXFORD Handbook of PSYCHOLOGY AND SPIRITUALITY (2012).
- Co-author of several instruments that measure Religiosity, Spirituality and Personality.

Do you think you know someone who has given back to the counseling field and deserves to be recognized?

Send your nominations to  
**Bradley Spoon, MCA  
Newsletter Chair:**  
[bspoon28@gmail.com](mailto:bspoon28@gmail.com)



### ACA NEWS:

#### What:

The American Counseling Association (ACA) is hosting its 2014 Annual Conference & Exposition

#### Where:

Honolulu, Hawaii

#### When:

March 27-30, 2014

The **Maryland Counseling Association (MCA)** has the most amazing members there are! It's time to start showing how proud we are, as an association, to keep such wonderful company. At MCA, we would like to thank each and every member, personally, for providing his or her counseling skills, passion for counseling, and overall prominence you each have given to our society.

As you read about our members, we want you to think about how you've contributed to the field of counseling and how proud you are to be fellow counselors.

**Who knows? Maybe you will be nominated and/or asked to be a "MCA Hall of Fame" member for the next issue!**



# Maryland Career Development Association

Dear MCDA Members and Friends,

Today starts a new program year for MCDA. To read my complete farewell message click here: <http://www.mdcareers.org/past-presidents-message>

Our new President has written a message to each of you. To read Berri's message, click here: <http://www.mdcareers.org/presidents-message>

#### **New Officers:**

These incoming Officers will serve from July 1, 2013 – June 30, 2014. Please welcome them and offer support.

Berri Wells – President

Carolyn Owens – President

Paula Brand – Immediate Past President

Treasurer – Maria Schaeffer (re-elected)

Secretary – Shauna Bryce (re-elected)

Below are some important updates to know about MCDA moving forward. Please read these updates so you feel in the loop with MCDA's activities.

**Conference Information:** Evaluation results confirm that our annual conference was a huge success. We met or exceeded all of our goals. There are conference pictures posted here: <http://www.mdcareers.org/2013-mcda-conference>. Our keynote Rich Feller was gracious enough to send a follow up message (<http://www.mdcareers.org/mcda-president-message>) and his PowerPoint presentation ([http://www.mdcareers.org/assets/documents/rich\\_feller\\_04-19-13\\_mcdapdf](http://www.mdcareers.org/assets/documents/rich_feller_04-19-13_mcdapdf)). *Mark your calendars and save the date for next year. Our conference will be held at the Doubletree Columbia again on the evening of Thursday, April 24 & all day on Friday April, 25, 2014.*

**Website Changes:** MCDA will be changing website systems in the coming months (we are switching from Memberclicks to Wild Apricot). We are changing over the summer, to minimize the interruption of service. Wild Apricot is very user friendly and easier to navigate but one down side is that all member profile picture will be lost. When the new site is ready, we will ask that you upload a picture for your profile. Due to the website changeover, there will be no summer outgoing issue of our newsletter.

**Upcoming Events:** Berri and Carolyn are eager to serve our membership and they have already set dates for events next program year. The year will kick off with a Third Thursday on the evening of Sept 19 at the Laurel One Stop. For more information about this event and the all future Third Thursday events, go to: <http://www.mdcareers.org/third-thursday-meet-and-greet>. They also plan to have five (a new record) professional development opportunities, in addition to our annual conference. These five events will comprise of a Skill Building Series, starting with Part One on the morning of *On Sept 27, 2013. Karen Chopra will present Career Exploration Techniques: Helping Clients Get Past, "I Don't Know What to Do" in Columbia.* Part Two of this Series will be the morning of November 8, 2013 where *Michelle Carroll will present How to Use Twitter for Job Search: Helpful Tips for You and Your Clients in Columbia, MD.*

Again, it has been a pleasure serving you this year. I look forward to continuing on the Board and see MCDA grow stronger and bigger in the coming year.

Sincerely,

*Paula Brand*

Outgoing MCDA President

## **International Association of Addictions and Offender Counselors (IAAOC)**

Hello, my name is Keith Morgen and I am the 2013-14 President of the International Association of Addictions and Offender Counselors (IAAOC), a division of the American Counseling Association. As part of my Presidency I am trying to increase the communication between our division and the various state counseling association chapters.

If **YOU** have expertise, experiences, and practice in the addictions and/or prison populations, feel free to contact me when you can. Thank you.

#### **Keith Morgen, Ph.D., LPC, NCC, ACS**

IAAOC President 2013-14

Assistant Professor of Counseling & Psychology

Editor, *Annual Review of Best Practices in Addictions and Offender Counseling*

President, International Association of Addictions and Offender Counselors - A Division of the American Counseling Association

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## International Association of Marriage & Family Counselors

# Join IAMFC

Join online: [IAMFCOnline.org](http://IAMFCOnline.org)

Professional Members \$60

Student Members \$44

### Benefits of Membership

- Subscription to *The Family Journal*
- Subscription to *The Family Digest* (electronic newsletter)
- Access to the Code of Ethics for Couple & Family Practitioners
- Networking with other counseling professionals
- Family Therapy Certification through IAMFC's affiliation with NCA
- Professional advocacy
- Public policy initiatives
- Opportunities for leadership and mentoring
- Access to liability insurance through CPH & Associates
- Discount rate for CEU opportunities
- Online interactive access: [iamfconline.org](http://iamfconline.org)

**Dr. Loretta Bradley**  
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Chair, IAMFC Branches  
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**Dr. Janet Froeschle**  
Chair, Special Events  
janet.froeshle@ttu.edu

*Want to Join MCA?  
Here's Your Chance!*

**Apply ONLINE or by MAIL:**

<http://www.md-counseling.org/>

## **Why Should You Join MCA?**

Membership is important to your professional growth and career development. It provides:

- Continuing education units at discount prices
- Early notification of MCA and all division events
- Current Public policy issues and new laws of interest to professional counselors
- Grant opportunities
- Four newsletters and opportunities to advertise your business through contributing articles
- Early notification of job openings in the field of counseling
- Leadership training and greatly reduced registration costs to annual regional or national conferences for board members
- Free registration to all MCA conferences and workshops for board members
- Electronic reminders to renew your membership
- A list of events that you have participated in (and soon to come a method of keeping track of CEU's you earned).
- Support and advocacy for professional counseling in the state of Maryland



[Click here](#) to join MCA today!

Not ready to join? Choose the non-Member Contact option for a no-cost way to add your name to our email list.

# MCA Board Positions Available

- Newsletter Assistant
- CEU Assistant
- Website Assistant
- Event Registrar Assistant

Contact Charles Guthrie,  
MCA President for more  
information.



Charles Guthrie and Marsha B. Riggio at the  
2012 MCA Annual Conference



## MCA OFFICERS:

**\*NEW\* EXECUTIVE COMMITTEE (as of July 1, 2013):**

**President**

Charles M. Guthrie  
[charles.guthrie3@gmail.com](mailto:charles.guthrie3@gmail.com)

**President Elect**

R. Tony Spann  
[rufusspann@yahoo.com](mailto:rufusspann@yahoo.com)

**Secretary**

Emily Kirchner  
[emily.kirchner@waldenu.edu](mailto:emily.kirchner@waldenu.edu)

**Treasurer**

Sarah Gilden  
[sgilden@gmail.com](mailto:sgilden@gmail.com)

**Past President**

Marsha B. Riggio  
[marshariggio@yahoo.com](mailto:marshariggio@yahoo.com)

### **DIVISION PRESIDENTS:**

**MACES President**

Cassandra Clarke-Williams  
[cclarkewilliams@gmail.com](mailto:cclarkewilliams@gmail.com)

**MAMCD President**

Mercedes Ebanks  
[MEbanks@Howard.edu](mailto:MEbanks@Howard.edu)

**MSCA President**

Laura Owen  
[Laura.owen@jhu.edu](mailto:Laura.owen@jhu.edu)

**MCDA President**

Berri Wells  
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**MASERVIC President**

Lee Richmond  
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**MAMHC President**

Elizabeth Nyang  
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**MAMFC President**

Marsha Riggio  
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### **COMMITTEE CHAIRS:**

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**Membership Chair**

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**Public Relations Chair**

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**Public Relations Assistant**

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**CEU Chair**

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**Membership Chair**

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[medranojose@yahoo.com](mailto:medranojose@yahoo.com)