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# Compass Points

MARYLAND COUNSELING ASSOCIATION (MCA)  
A BRANCH OF ACA

“SERVING THE COUNSELING, GUIDANCE, AND HUMAN DEVELOPMENT PROFESSIONS”

## A Message from the President:

We have come to the end our leadership organizational year, which provides a good opportunity for each of us to reflect upon our achievements of our membership group. This includes our annual **fall conference** in November which centered on the impact of modern life on mental health with *Dr. Cirecie A. WestOlatunji*, President-elect, American Counseling Association (ACA) as our keynote speaker; our **winter conference** in February which focused on the impact of cultural sensitivity and interventions on mental health with renowned speakers: *Dr. Clemmont Vontress, Dr. Aaron Stills, Dr. Norma Day-Vines, Nancy Wheeler, JD, and Dr. Frederic Bemak*; our **spring conference** in March which highlighted how to move through change and help our clients get unstuck; and our **end of the year conference** in May which included *Dr. Mark Savickas* as our keynote speaker.

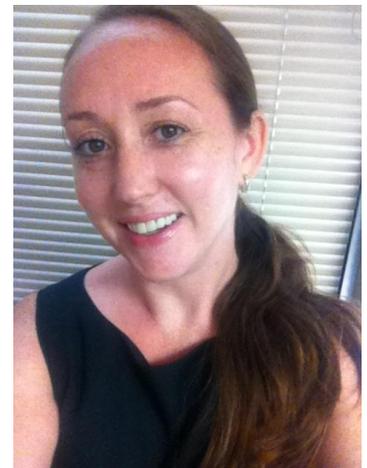
Other achievements were our organizational changes that include our official name change to **Maryland Counseling Association (MCA)** which helps us to better identify our relationship to the ACA and our eventual migration to become part of the **Northern Region of ACA** (currently part of the Southern Region) which will enable us to have partnerships with other state branches that are geographically closer to us than those in the Southern region.

To Register for MCA, or any of our Events, please go to:

[www.md-counseling.org](http://www.md-counseling.org)

Find us on Facebook or Twitter:

@md\_counseling



Another achievement was MCA being recognized at the ACA conference as the “**Recipient of the 2013 ACA Branch Best Innovative Practice Award for the Southern Region.**” This was largely based on how our board saved money, effectively utilized human resources, and managed our partners for a successful year of learning for our members.

Finally, I want to recognize the achievements of our **volunteer board** which is made up of tireless counselors who serve as leaders, presidents, and chairs to meet the needs of MCA members. This was a busy year for MCA with four very successful conferences which involved an enormous amount of preparation, planning, and execution for the board – and we did it all with spirit, communication, and laughter!

I have enjoyed serving as your president and look forward to continuing my service as Past-President under your new President Charles Guthrie effective July 1, 2013. Look forward to seeing you at our **fall annual conference on Friday, November 8, 2013 at the Columbia campus of Johns Hopkins University which will center on counseling specific populations** – and please email me if you are interested in any volunteer opportunities at MCA!

Thank you for your continuing service and dedication to MCA. I am constantly reminded that MCA is an organization of committed members and volunteers that are impacting the public every day – I am so appreciative of your tremendous contributions to the counseling field.

Have a great summer, my best to all of you.

Marsha Boveja Riggio, Ph.D., LPC, NCC  
MCA President



MCA Members

### \*\*\*NEW NAME CHANGE\*\*\*

MACD has changed it's name to **Maryland Counseling Association (MCA)** which helps us to better identify our relationship to ACA and our eventual migration to become part of the **Northern Region of ACA** (currently part of the Southern Region) which will enable us to have partnerships with other state branches that are geographically closer to us than those in the Southern region. MCA members previously voted on the MCA name change which was also endorsed by the ACA Governing Council.

# New ABA Certificate: Offered at JHU SOE

## Johns Hopkins University School of Education

### Announcing A New Applied Behavior Analysis Certificate

I am pleased to introduce you to our new post-master's certificate in Applied Behavior Analysis (ABA) starting this fall. We are the only graduate school of education in Maryland to offer this specialized certificate.

Designed for working professionals, this part-time certificate will prepare special educators, administrators, and school counselors in the evidence-based practices of ABA. Graduates to this program will be equipped with the tools to better address the growing needs of students with autism spectrum disorders and other students who receive special education services.

The ABA program:

- Supports career goals of special educators and other school personnel
- Provides academic requirements for eligibility to become a board certified behavior analyst (BCBA)
  - Can be completed in just four semesters
  - Features a supportive faculty with extensive experience in applied behavior analysis.

For more information, visit [education.jhu.edu/ABA](http://education.jhu.edu/ABA).

If you have questions, please contact me at [410-516-9775](tel:410-516-9775) or [tmarder1@jhu.edu](mailto:tmarder1@jhu.edu).

Thank you for your consideration and we look forward to hearing from you.

Sincerely,

Tamara Marder PhD, BCBA-D  
Assistant Professor

The Johns Hopkins School of Education is ranked #2 among graduate schools of education by U.S. News and World Report.

*This program is pending MHEC and BACB approval.*

**Applications are not being accepted while the program is going through the approval process.** For more information, contact [soe.info@jhu.edu](mailto:soe.info@jhu.edu) or call 877-JHU-SOE1

# Division News:

## MAMHC

We met on Friday May 31st from 6-8:30. Our group consisted of a school counselor, graduate student, addictions counselor, addictions intern, licensed counselor, and myself. We are just beginning to develop a mission statement and define who we are and what we want to accomplish. We all decided that homelessness is an important issue that we all need to learn more about. Each one of us works with homeless clients that include the elementary student placed into a shelter with their family, people with addictions that are asked to leave a shelter because they cannot stop using, people that become homeless because of the economy, and people with chronic mental illness. We will meet the last Friday of each month from 6pm-8pm in downtown Silver Spring.

Elizabeth Nyang, Ed.D., LCPC  
240 403 4036  
[www.selfunderstanding.org](http://www.selfunderstanding.org)  
[elizabethnyang@hotmail.com](mailto:elizabethnyang@hotmail.com)

## MACES

Greetings,

It has been my pleasure to serve as the President of the Counselor Education and Supervision division of the MACD. I am looking forward to continuing my position as President of the CES division of MACD. My goal is to have a workshop that focuses on topics pertaining to the CES specialization. I would like to hear from CES members, other members, or non-members about specific topics that would promote or enhance your professional development.

Also, the CES division is in need of division officers. Anyone interested in serving as an officer, please email me at [cclarkewilliams@gmail.com](mailto:cclarkewilliams@gmail.com).

Thank you and take care!!!!

Cassandra Clarke-Williams, MACES President

## Mark Your Calendar

- ✚ MCA's Fall Annual Conference
- ✚ Friday, November 8, 2013
- ✚ At the Columbia Campus of Johns Hopkins University
- ✚ Topic: Counseling Specific Populations



## \*\*MCA's New Website\*\*

If you have visited our website, [MDCounseling.org](http://MDCounseling.org), this month, you know that it has a new look. Behind the scenes is a different Online Membership Management System. Please check out the new website.

What does an Online Membership Management System provide?

1. It includes a database of contact names, membership status, past events attended, fees paid, etc. We transferred all of the current data, and downloaded the historical data, so that we can look up the information if questions arise. Your information should now be in the new system.
2. It collects payments for events. We are in the process of setting up a new credit card processing system. In the meantime, we are using PayPal.
3. It sends reminders when your memberships expires and assures that members are charged member rates for events. It also delivers newsletters and announcements to you. If you do not wish to receive our announcements, you can Unsubscribe and we will take your name off of our contact list.
4. It hosts our webpages, photos, documents, etc., which can be accessed by any authorized person anywhere in the world that has an Internet connection (even when we are on vacation).

Why did we do this?

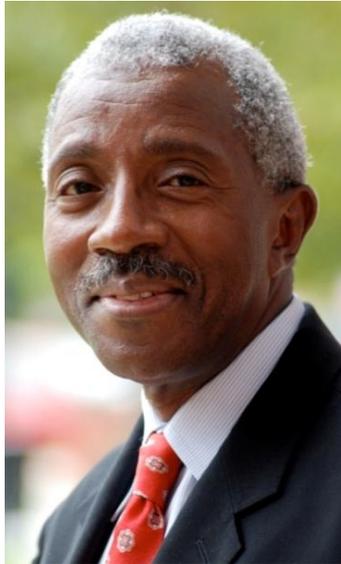
1. The primary reason for the change was to make life simpler for the Board. We need a system that is easy to use, since our Board members are all volunteers, change often, and we cannot expect them to learn a complex system. We believe that the new system is much more intuitive and will, therefore, be easier to maintain.
2. The new system costs less and we pay a fixed fee per month. Previously, we also paid a small amount for each transaction, but small amounts add up.

What does the new system mean to you?

1. The information that did not transfer includes your password and your photo. Please visit the new website and log in. There is a small logon box in the upper right. Enter the same email address that you previously used. Then click Reset Password. If you have any problems, send an email to [Website@MDCounseling.org](mailto:Website@MDCounseling.org). When you view your profile, you will immediately see that it looks different. Please upload a small picture of yourself (just your face) so that acquaintances from past events can find you. As counselors, we love to see smiling faces, and adding yours to your profile really helps us to feel connected.
2. All of the association emails changed. To reach us, visit the Contact US page.
3. Some information may have been lost during the transition. Our previous provider shut off our access prematurely and we were not able to access transactions that occurred in the final week of May or the first week of June. If your information did not transfer correctly, send an email to [Website@MDCounseling.org](mailto:Website@MDCounseling.org).
4. Remember to log on whenever you visit our website (or "Stay logged on") so that you can see the special features for members, including the Membership Directory. We hope that you enjoy our new website. Please let us know if there are features that you would like us to add.

MCA Presents:

# Counselor's Hall of Fame:



**Aaron B. Stills** earned his baccalaureate and master's degrees from Western Illinois University, and his doctoral degree in Counseling, Student Personnel, and Psychological Services from Indiana State University in 1975. Dr. Stills is a distinguished national and international scholar in the area of multicultural counseling. At present, he is Chair of the Department of Human Development and Psycho-educational Services at historical Howard University located in Washington, DC. His department is the leading national producer of doctoral degrees for African American students in the areas of counseling psychology, educational psychology and school psychology. He became the first professor to be appointed Graduate Fellow in the Graduate School. In addition, for the past 20

years he has been the Director of the Learning Academy at Howard University which is funded by the DC Department of Employment Services, Office of Youth Programs. He has received over \$5 million in grants to support his efforts while working with low achieving youth in the DC Public School System. Dr. Stills has over 30 years of psychotherapy experiences as CEO of the Center for Multicultural Management Systems, Inc. while serving as a consultant to a variety of fortune 500 companies, mental health facilities, and schools.

He has been recognized and honored by the American Association Counseling Association, and the Association for Multicultural Counseling and developments with their national awards. He is the Founding President of the national Association for Multicultural Counseling and Development which is a division of the American Association for Counseling. He has published many scholarly articles and book chapters on various psychological issues facing the discipline of counseling and multicultural psychology. His current research focuses on ways in which African American children can enhance their self-esteem and the use of emotional intelligence as theoretical and intervention strategies for working with African American youth.

Prior to his arrival at Howard University in 1976, he worked as an Assistant Dean of Students at Purdue University and Adjunct Professor in the Counseling Program. While matriculating at East Aurora High School, he was frequently on the honor roll, and starred in track, cross-country and basketball. In 1999, he was voted into the East Aurora Athletic Hall of Fame.

Dr. Stills was also a scholar athlete at Western Illinois University. He was selected into the honorary society, Blue Key, and in 1998 inducted into the Athletic Hall of Fame.

In 2011, he received the Counseling Educator Award from the DC Counseling Association, and he is the President and CEO of the Aaron Stills Foundation.

## ACA NEWS:

**What:** The American Counseling Association (ACA) is hosting its 2014 Annual Conference & Exposition

**Where:** Honolulu, HI

**When:** March 27-30, 2014



## Members on the Move:

Marilyn Maze joined the Board of the Maryland Counseling Association in 2006 when she became president of MCDA, the Maryland Career Development Association. Career Counseling has always been Dr. Maze's first love and she spent her worklife updating and developing DISCOVER, ACT's computerized career guidance system. The MCA Board includes the presidents of each of its divisions. After her year as MCDA President, she volunteered to be MCDA's permanent representative to the MCA Board, believing that continuity served the MCA Board better than the annual turnover which resulted from having the division president serve on the MCA Board.

While serving on the MCA Board, Dr. Maze worked hard to keep MCA and MCDA together as they grew and developed. Dr. Maze set up the first online registration system for MCA and MCDA in 2007, and moved MCA and MCDA to a much more robust online membership management system in 2008 called MemberClicks. MemberClicks was used by MCA until this past June. Dr. Maze has just finished moving the MCA website to a new online membership management system called Wild Apricot, which she hopes will serve MCA well for many years to come.

In some years the MCA Board lacked candidates for elected positions. Although she refused to serve as president of MCA, preferring to provide continuity and historical support, and she accepted the role of Treasurer several times and is just completed a term as Treasurer for the 2012-2013 fiscal year. She has also worked on Membership, Event Registrar, Public Relations, and assisted with the name change from MACD to MCA.

Dr. Maze was elected Treasurer of the National Career Development Association beginning this October, which necessitates giving up her role as Treasurer of MCA. In 2012, she helped the Asia Pacific Career Development Association (APCDA) and is now serving as its Executive Director, which takes most of her time. APCDA also uses Wild Apricot, so Dr. Maze has volunteered to serve as a consultant to MCA, if needed as the MCA Board learns to use its new website software.

The **Maryland Counseling Association (MCA)** has the most amazing members there are! It's time to start showing how proud we are, as an association, to keep such wonderful company. At MCA, we would like to thank each and every member, personally, for providing his or her counseling skills, passion for counseling, and overall prominence you each have given to our society.

As you read about our members, we want you to think about how you've contributed to the field of counseling and how proud you are to be fellow counselors.

Who knows? Maybe you will be nominated and/or asked to be a "MCA Hall of Fame" member for the next issue!

**Do you think you know someone who has given back to the counseling field and deserves to be recognized?**

**Send your nominations to Bradley Spoon, MCA Newsletter Chair: [bspoon28@gmail.com](mailto:bspoon28@gmail.com)**



International Association of Marriage and Family Counselors

## International Association of Marriage & Family Counselors

# Join IAMFC

Join online: [IAMFCOnline.org](http://IAMFCOnline.org)

Professional Members \$60

Student Members \$44

### Benefits of Membership

- Subscription to *The Family Journal*
- Subscription to *The Family Digest* (electronic newsletter)
- Access to the Code of Ethics for Couple & Family Practitioners
- Networking with other counseling professionals
- Family Therapy Certification through IAMFC's affiliation with NCA
- Professional advocacy
- Public policy initiatives
- Opportunities for leadership and mentoring
- Access to liability insurance through CPH & Associates
- Discount rate for CEU opportunities
- Online interactive access: [iamfconline.org](http://iamfconline.org)

**Dr. Loretta Bradley**  
President  
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**Dr. Robert Smith**  
Executive Director  
Texas A&M University-  
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**Dr. Bret Hendricks**  
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**Dr. Brian S. Canfield**  
Board Member At-Large  
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**Abby Platt**  
Graduate Student New  
Professional  
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**Stefani Schomaker**  
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**Stevie Puckett**  
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**Dr. Brian S. Canfield**  
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**Roseanne Oppmann**  
Chair, IAMFC Branches  
counselro1@gmail.com

**Dr. Janet Froeschle**  
Chair, Special Events  
janet.froeshle@ttu.edu

*Want to Join MCA?  
Here's Your Chance!*

**Apply ONLINE or by MAIL:**

<http://www.md counseling.org/>

## **Why Should You Join MCA?**

Membership is important to your professional growth and career development. It provides:

- Continuing education units at discount prices
- Early notification of MCA and all division events
- Current Public policy issues and new laws of interest to professional counselors
- Grant opportunities
- Four newsletters and opportunities to advertise your business through contributing articles
- Early notification of job openings in the field of counseling
- Leadership training and greatly reduced registration costs to annual regional or national conferences for board members
- Free registration to all MCA conferences and workshops for board members
- Electronic reminders to renew your membership
- A list of events that you have participated in (and soon to come a method of keeping track of CEU's you earned).
- Support and advocacy for professional counseling in the state of Maryland



[Click here](#) to join MCA today!

Not ready to join? Choose the non-Member Contact option for a no-cost way to add your name to our email list.

# MCA Board Positions Available

- MAMFC President
- Newsletter Assistant
- CEU Assistant
- Website Assistant
- Event Registrar Assistant

Contact Charles Guthrie,  
MCA President for more  
information.



Charles Guthrie and Marsha B. Riggio at the  
2012 MCA Annual Conference



## MCA OFFICERS:

**\*NEW\* EXECUTIVE COMMITTEE (as of July 1, 2013):**

**President**

Charles M. Guthrie  
[charles.guthrie3@gmail.com](mailto:charles.guthrie3@gmail.com)

**President Elect**

R. Tony Spann  
[rufusspann@yahoo.com](mailto:rufusspann@yahoo.com)

**Secretary**

Emily Kirchner  
[emily.kirchner@waldenu.edu](mailto:emily.kirchner@waldenu.edu)

**Treasurer**

Sarah Gilden  
[sgilden@gmail.com](mailto:sgilden@gmail.com)

**Past President**

Marsha B. Riggio  
[marshariggio@yahoo.com](mailto:marshariggio@yahoo.com)

### DIVISION PRESIDENTS:

**MACES President**

Cassandra Clarke-Williams  
[cclarkewilliams@gmail.com](mailto:cclarkewilliams@gmail.com)

**MAMCD President**

Mercedes Ebanks  
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**MSCA President**

Laura Owen  
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**MCDA President**

Berri Wells  
[abettercoach@gmail.com](mailto:abettercoach@gmail.com)

**MASERVIC President**

Lee Richmond  
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**MAMHC President**

Elizabeth Nyang  
[elizabethnyang@hotmail.com](mailto:elizabethnyang@hotmail.com)

### COMMITTEE CHAIRS:

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**Public Relations Chair**

Marybeth Heather  
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**Public Relations Assistant**

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**CEU Chair**

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**Membership Chair**

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**Website**

Jose Medrano  
[medranojose@yahoo.com](mailto:medranojose@yahoo.com)