



Maryland Counseling Association

A BRANCH OF ACA

COMPASS POINTS

ISSUE 14 | VOLUME 4 | SPRING 2022

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Mission

“SERVING THE COUNSELING,
GUIDANCE, AND HUMAN
DEVELOPMENT PROFESSIONS”

MCA Officers

President:
Sara Pula

President Elect:
Pat Dudley

Secretary:
Danielle LaSure Bryant

Treasurer:
Irene Burks

Immediate Past President:
Carol ZA McGinnis

Member-at-Large:
Open

Executive Director:
Cathie Eaton



Letter from the President

Dear MCA members,

Happy Spring to all of you! We continue to have a very eventful year with great things coming down the pike for MCA and counselors nationally. As you know, the American Counseling Association has been working very hard to support the passing of the Counseling Compact in many states. I'm pleased to report it has now been passed in 10 states: Maryland, Maine, Utah, West Virginia, Kentucky, Georgia Florida, Mississippi, Alabama, and Nebraska. This shows that your advocacy matters!

To continue following Counseling Compact progress, use this link: <https://counselingcompact.org/map/>.

MCA Addictions Division

We heard you! Thank you for participating in the survey pertaining to a new MCA Addictions Division. Ninety-five percent of participants (n = 49) expressed the desire for MCA to launch such a division. Seventy-six percent stated they would become a member of such a division. Additionally, 96% stated they would like an addictions focus at the MCA annual conference, and 89% would like MCA to offer addictions-related trainings. You made it clear that this type of focus is needed and wanted. We hope to launch this division in the near future. Stay tuned!!

New Leadership

Lastly, we welcome a new Leadership Team for 2022-2023. Congratulations to all!

- President-Elect: Kerri McCoullough, EdD, LCPC
- Secretary-Elect: Annyck Hamez, MS, LCPC
- Treasurer: Rebekah Cole, PhD, LCPC
- Treasurer-Elect: Marja Humphries, PhD, LCPC

Courageous Conversations

We have restarted our Courageous Conversations series again! On Friday, April 22nd at 2 pm we discussed Asian American mental health with guest speakers from the Montgomery County Asian American Health Initiative. And on Friday, May 20th (2 pm) we will focus on mental health for Indigenous/ Native Americans. This is a free event. Please join us!

Don't forget to attend our numerous upcoming trainings. We have so many good ones planned, including broaching for supervisors, restorative justice circles for BIPOC counselors, a SAIGE professional development event, and more! Please see the Events page for more information and to register! <https://mdcounseling.org/Events>

Your Partner in Counseling,

Sara
Dr. Sara Pula, PhD,
NCC, LCPC, ACS
[President,](#)
[Maryland](#)
[Counseling](#)
[Association](#)



Letter from the Executive Director

Happy Spring! I hope everyone can take some time to enjoy more sunshine, warmer temperatures and a multitude of springtime celebrations, whether that includes major life events, holidays, or well-deserved vacations. As we move towards the end of our 2021-2022 year, we have many accomplishments to celebrate this year!

Successful hybrid Annual Conference
Significant increase in division events and trainings
Outstanding networking events, both in person and virtually
An increase of 75 active memberships from April 21st-April 22nd
Continued involvement with the Southern Region and ACA

We have more division events coming up over the summer:

SAIGE-MD Annual Conference, May 14th-15th
MAMCD Awards Ceremony, June 18th
MCSJ Annual Conference, June 24th-25th

We look forward to a smooth transition of leadership with a training facilitated by Ed Reed on June 11, 2022 with our newest elected board members:

President-Elect Dr. Kerri McCullough Leggett
Secretary-Elect Annyck Hamez
Treasurer Dr. Rebekah Cole
Treasurer-Elect Dr. Marja Humphrey
Member at Large (TBD—voted on by Executive Committee)

On the business side, MCA has made many changes:

We are sad to see our long time Virtual Assistant, Lisa Oliver, leave, but we are excited for her next chapters in life. Thank you, Lisa, for eight wonderful years!

Engagement with a new accountant specializing in non-profits
Special welcome to Dan Mayer, attorney and new consultant to MCA, and to Echo Salisbury, our new Virtual Assistant (Website@MDCounseling.org)
Updated our permanent office address
Obtained our MD State Tax Exemption Card

We also have several current projects underway:

Review and update business insurance coverage
Soliciting sponsorships and vendors for our Annual Conference
Creation of an MCA Leadership Manual
Scheduling more MCA training events

We are also in search of a part-time bookkeeper! Please contact me at Exec@MDCounseling.org for more information.

Our Conference Planning Committee is preparing for our 65th Anniversary Conference happening on October 14 & 15, 2022. Our theme is **Multicultural Focus in an Ever Changing World**. Early bird registration will be open soon! If you have any questions or are interested in joining the committee, please contact our Conference Chairs Dr. Donnette Deigh and Dr. Cheryl Fisher at Conference@MDCounseling.org or our President-Elect Pat Dudley at PElect@MDCounseling.org for more information.

Lastly, our MCA state divisions and MCA standing committees are in need of additional leaders to help support their incoming Presidents. Time commitments vary and we would welcome any recommendations for members to bring their talents and passion for our growing professional organization. Contact list for divisions and committees is located at the end of the newsletter and on the MCA website for anyone interested.

As always, we are honored with your membership and we are here to support you in your professional growth, and thereby the clients that you serve.

With appreciation,

Catherine “Cathie” Eaton, LCPC,
GCDF, NCC
[Executive Director, Maryland
Counseling Association](#)

*Headshot courtesy of Digital Magic Photography
and Design*



LGBTQ+ Peer Support Group

Professional development and support for counselors who identify as,
or work with persons who identify as, LGBTQ+

Organized by SAIGE-MD

This event is not eligible for NBCC Clock Hours



Last Wednesday of every month

Virtual

Beginning January 26th @ 7pm

Additional meetings:

February 23rd

March 30th

April 27th

May 25th

June 29th

July 27th

Questions? Please email SAIGEMD@MDCounseling.org

[Register Here Under Upcoming Events](#)

SAIGE-MD PRESENTS

Queer through the years

A training event exploring affirmative
practices and therapeutic needs of
LGBTQIA+ persons

NBCC Clock Hours available

May 14th: Virtual from 10a-5p

May 15th : In-person from 1:30p-4p

**[For more information on training content,
location, and price click here](#)**

[To register click here](#)



Maryland Counseling Association (MCA) has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 2021. Programs that do not qualify for NBCC credit are clearly identified. Maryland Counseling Association (MCA) is solely responsible for all aspects of the programs.

Bi-Weekly Spirituality Peer Support Group for Helping Professionals



Marilyn

Maya



THIS OPEN GROUP...

... is sponsored by the Maryland Counseling Association (MCA) and Maryland's Association for Spiritual, Ethical, and Religious Values in Counseling (MASERVIC). Please join us. Bring your lunch/coffee.

WE CULTIVATE...

a supportive environment for graduate students and helping professionals.

FACILITATORS:



Marilyn Spenadel, LCPC, ACS
MASERVIC President-Elect
marilynspenadel@gmail.com
(240) 426-8344



Maya Georgieva, Ed. D, LCPC, ACS
MASERVIC President
maservic@MDCounseling.org

The Zoom link will be sent out by 11:59 pm, the day before each meeting.

Together we can thrive, collaborate with hope, and learn to accept uncertainty!



REGISTER AT [HTTPS://WWW.MDCOUNSELING.ORG/MASERVIC](https://www.md Counseling.org/maservic)

**Looking for MCA Members to join our
Committees and Divisions**

**OPENINGS ON ALL OF THE
FOLLOWING COMMITTEES:**

- Advocacy
- Awards
- By-Laws (seeking
Chair)
- Credentialing
- Membership
- Registrar
- Website
- Conference Planning--
our 65th Anniversary
Event

Time varies per Committee and seasonally, please reach out to the Committee
Chairs listed on our website or email Cathie Eaton, our Executive Director at
Exec@MDCounseling.org

Member Spotlight

In case you missed it: Michael McGee was featured as one of the American Psychological Association's Student Researchers of Color. Check out his interview [here](#). Michael previously served as an Emerging Leader 2020-2021 and is currently serving as MCA's Human Rights Chair.



If you see a member you would like to highlight, send the information to the [Newsletter Committee](#) for the next issue!

Seeking Interns and Master Level Clinicians for Fall 2022

Our agency is currently seeking energetic, responsive and proactive mental health counselors to work part-time in the School Based Counseling Program in Charles County. These counselors will be part of a dynamic team working with children in elementary, middle and high schools who are at risk for behavioral and emotional difficulties. We provide individual, group and family therapy; consult with school staff and conduct parent education groups. Board Approved Supervision is provided to license-eligible counselors and to student interns. If you are interested in becoming part of an innovative team dedicated to improving the lives of children, contact us today at schoolbased@tcysb.org. TCYSB is an equal opportunity employer.



REMINDER: A letter was sent out from the Board of Professional Counselors and Therapists in October 2019 regarding approved supervisor status.

To All Maryland Board Approved Supervisors,

The Board would like to clarify how a licensed clinician who holds a supervisor status should indicate this information as part of their qualifications in their field of practice. Having a supervisor status is not a license and should not be included as part of your credential such as i.e., LCPCS or CAC-ADS etc. Those with supervisor status should indicate this information as a separate part of their documentation or verification. Our website has information on Board approved supervisors available to the public for verification purposes.

The Board hopes that this will alleviate any confusion for those who would like to document their status as a supervisor in a professional and legal manner.

The original letter from the board explaining how Board Approved Supervisors should indicate their licensure is here: <https://health.maryland.gov/bopc/pdfs/pletchair.pdf#search=LCPC%2DS>

For those with multiple licenses in different states, the usual and customary way is to write it as: (LCPC - MD) (LPC - DC, VA) and indicate board approved supervisor on a separate line.

Lifespring Counseling Services is looking to hire 2 full-time mental health therapists (LQPC, LCPC, or LCSW-C) for telehealth services. Great benefits, flexible schedule, & team culture. Read more at <https://lifespringcounseling.net/joinourteam>.

Send resume & cover letter to Melissa at melissa@lifespringcounseling.net



We don't just consider ourselves your attorney; we are your ally and your teammate. We are here to serve your practice and make sure that it is protected and prepared for whatever may come up. We pride ourselves though on taking a proactive approach to representing our clients, working to be a resource, ready to consult and prevent issues and lawsuits before they ever occur.

<https://danielmayerlaw.com>

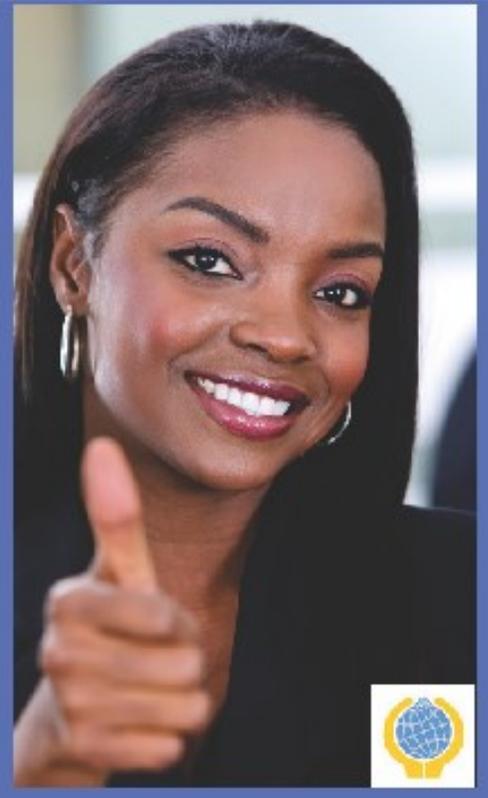
contact_us@danielmyerlaw.com

Center for Dependable Strengths®

*Upcoming Virtual Training
July 11- July 29*

The Dependable Strengths training will give you the tools to guide your clients toward a "take charge" approach to life, finding more confidence, purpose and career direction.

Our mission is to help everyone discover their strengths and their place in the world to share these gifts.
www.dependablestrengths.org



Articles

After the Vote Comes the Advocacy *Written by Roni K. White, NCC, LCPC, MCA Advocacy Committee Chair*

Ever wonder, in a state such as ours with more than six million residents, how policy is created to meet the needs of its residents? Have you ever contemplated how systemic stressors and barriers become eased or dismantled?

One method that answers both questions is advocacy. At the base of advocacy is the meaning, public support for or recommendation of a particular cause or policy, according to MacBook dictionary. The definition in Merriam Webster is the act or process of supporting a cause or proposal.

An individual or a group can advocate on a community level such as a school building or district, a local level as the county government, a slightly broader level at the state government, and at a national level at the federal government. When anyone in Maryland advocates at the state level it can involve engagement with the Maryland General Assembly. The Maryland General Assembly comprises 47 districts in which 47 senators and 141 delegates are elected to draft, implement, and shape law in Maryland for the state's welfare.

There remains hesitation among counselors regarding how to enter the space of advocacy. Some believe licensed counselors do not need to utilize professional energy with legislation concerns. When professional counselors enter into the legislative space it is within the scope of ACA ethic guidelines and their area of practice. As knowledgeable professionals, legislators welcome informative research, recommendations, and insight during the process of revising, drafting, or rescinding bills.

The state of Maryland began issuing licenses for professional counselors in 1998. This act came out of lobbying and advocacy from the professionals in the field of counseling. Continuous efforts in advocacy have led to licensed counselors being able to receive reimbursement from insurance companies and equitable job series titles. There are still more efforts needed for healthcare parity including Medicare reimbursement. Successful efforts have made telehealth a priority for equitable reimbursement for licensed professional counselors.

The Counseling Compact is a major advocacy effort to increase access, remove barriers, and improve professional reach. It takes ten states to sign the counseling compact for it to be implemented. ACA led the advocacy designing informational materials for legislators and ACA members. ACA governance team advocated at state levels and worked with state division advocacy committees to recommend state level bills to vote in favor of the counseling compact. Georgia and Maryland were the first two states to sign legislation in 2021 into law for the counseling compact. As of April 19, 2022, ten states have signed legislation to join the counseling compact! Advocacy is powerful and necessary to cultivate change.

When I used to think of advocacy, I imagined building campaigns, writing hundreds of letters, testifying, and articulating arguments. As I embarked on advocating for various needs, I learned there are many avenues and levels to advocacy. Advocacy is an action that has many looks and differs in energy levels and commitment.

There are various levels to be involved in advocacy.

continued...

- *Noticing*, as we work with clients, participants, patients, and students we are able to notice when current legislation or a gap in legislation is causing harm. We can notice how an issue affects people or a community. For this observation we can determine if a change can help improve the circumstance. Taking note of this and understanding which level of government to engage and begin sharing insight is a valuable step in advocacy.
- *Writing*, elected officials to support, oppose, or propose bills. In writing elected officials and law makers we can share knowledge and needs about a policy or concern. Writing elected officials can involve emails, testimony letters, proposal letters, and form letters.
- *Voicing*, our concerns and testifying to provide factual information, statistics, and recommendations through phone calls, virtual appointments, and committee hearings.
- *Discussing*, topics, facts, and needs with elected officials in meetings to garner awareness and highlight needs.
- *Partnering*, with elected officials to be a resource of information and draft new bills. This involves meeting and corresponding with them for a designated period of time.
- *Supporting*, a bill by informing your elected officials and other elected officials who are not listed as a co-sponsor about the bill. Encouraging elected officials to vote in favor of a bill you support.
- *Voting*, using your vote to elect legislatures who care about learning how people are affected by circumstances and open to understand the needs as well as diverse manners to address needs and concerns. Seeking to understand an incumbent's voting history.

The Advocacy Committee of MCA organizes three types of events to meet with elected officials. Policy Position Day is an event to meet with officials of the Maryland General Assembly during the bill voting 90-day session to inform MCA's position on bills in committee and ready for a floor vote. Advocacy Day is an event or series of events that will take place in late spring and summer to meet with elected officials to express concerns, needs, and build opportunities for drafting new legislation. Federal Hill Day is an ACA sponsored event which the Advocacy Committee organizes for MCA members to meet with federally elected officials to discuss bills and demonstrate support, opposition, or recommendations. The Advocacy Committee will send out information from time to time regarding bills, request for testimony letters, and advocacy efforts. All bills the committee address relate to the scope of MCA.

On February 28, 2022, the Advocacy Committee organized Policy Position Day to meet with elected officials of the Maryland General Assembly to share our position on bills. We had 30 elected official offices participate. We voiced our position and recommendations for over 13 bills. The bills included topics on mental health in schools, student mental health excused absences, grief counseling, mental health consultation for infant and early childhood, as well as commissions. The atmosphere was positive as we discussed bills concerning behavioral and mental health.

On July 26th and 28th of 2021, we organized Federal Hill Day and met with 9 of out 10 federal representatives and staff. Our elected officials welcomed us and were thankful to hear from MCA. We discussed increased access for mental health services, mental health needs in schools, improving services for mental health for American Indian and Alaskan Native veterans, loan repayment for mental health professionals, expansion of LCPCs at Veterans Affairs, and suicide treatment and prevention resources.

Change is something that is fluent yet moves like molasses. It is necessary for progress yet can create fear and slow progression. Change is inevitable and resisted. Change is what many want yet it causes much conflict and contention. How do we make change in our systems of government as counselors? Advocacy is an opportunity to encourage change. As counselors and professionals in the helping profession we understand generating change on the individual level. At times the community and systemic levels can seem daunting or outside our wheelhouse. Counseling Today, has a dedicated section for counselors on advocacy, to keep us informed, energize us to take action, and remind us of the layers of change. We have a strong voice, valuable insight, and knowledgeable research to inform law makers and help promote change. Let's keep working together to be the change we want to see in our communities.



Endorsement

"Dr. Nyasha Grayman is an amazing clinician, counselor, educator, and consultant! In my 30 years as a professional counselor and over 25 years as a counselor educator and consultant, I have never encountered a therapist and consultant that creates outside the box therapy approaches that are culturally specific, liberating and empowering, and who is willing to design new paradigms like I do, and have taught clinical practitioners to do! You will receive amazing evidence informed and humanistic training and consultation to support your vision to help many heal. Sign up right away!"

Dr. Deborah Haskins, Former Member, Maryland Board of Professional Counselors & Therapists

About

Wisdom Counseling - Baltimore LLC

Wisdom Counseling - Baltimore LLC is a boutique African American grief and bereavement therapy practice located in Baltimore County, Maryland, USA.

As the owner and operator of Wisdom Counseling - Baltimore LLC, I companion bereaved African American adults across the state with compassion, care, and cultural responsiveness utilizing my unique online, structured, and integrative approach to grief therapy.

African American Traumatic Grief & Bereavement Therapy: An Integrative Approach has been approved by NBCC for NBCC credit. Wisdom Counseling - Baltimore LLC is solely responsible for all aspects of the program. NBCC Approval No. SP-3884.

Let's Connect

Website

www.wisdomcounseling-baltimorellc.com

Email

ngrayman@wisdomcounseling-baltimorellc.com



www.wisdomcounseling-baltimorellc.com

4.75 NBCC CE Hours

12:00-2:30 PM EST

June 2022 Virtual Course

Choose one two-day course offering
Space limited to 10 participants per course

June 1 & June 2

June 8 & June 9

June 15 & June 16

June 22 & June 23

June 29 & June 30

**African American
Traumatic Grief &
Bereavement Therapy:
An Integrative Approach**

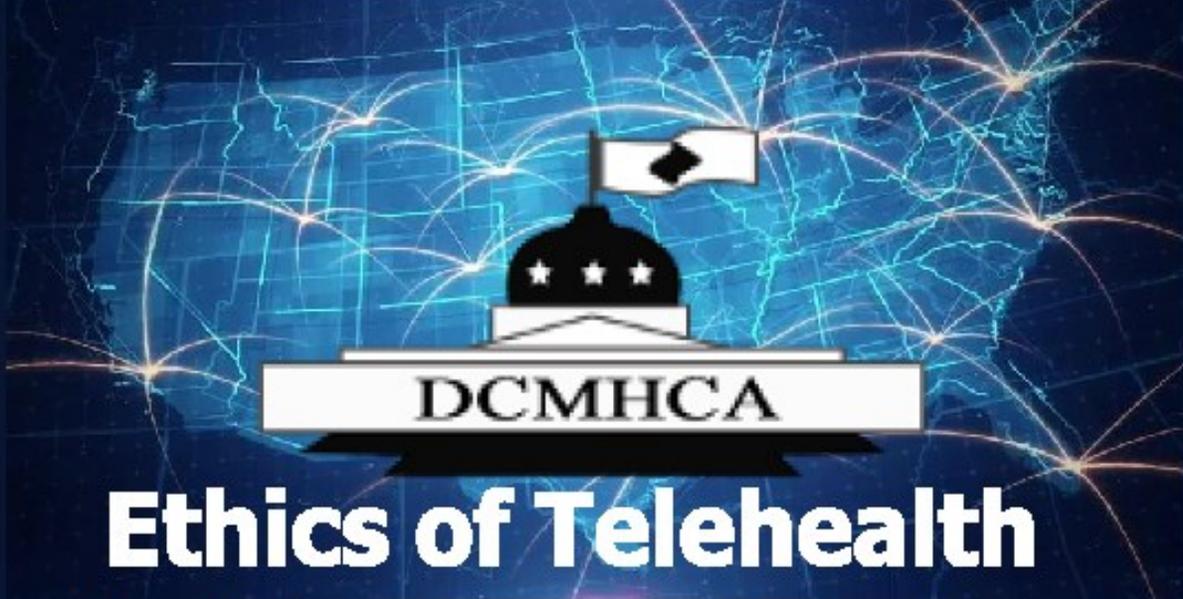
Cyber What? *Written by Bill Heather, CTO, Cyber Solutions*

The last couple of years have been anything but normal. With the COVID-19 pandemic changing the way the world delivers healthcare, many clinicians and practices are seeing patients remotely more than ever before. With this change comes challenges in technology, in connectivity, in moving practices to using the cloud, in protecting client data during the ever-growing battle to stay healthy, and in protecting digital assets from the fallout of a war in the Ukraine.

After a full two years of the COVID-19 pandemic, the new remote connectivity which we have grown accustomed to seems to be here for the foreseeable future. Many companies and clients continue to prefer remote visits despite the removal of mask mandates. While the benefits of technology are undeniable, this now widespread use of technology has spun a new pandemic, a spreading outbreak of cybercrime. Further fueled by wartime agendas, cybercriminals are taking advantage of small gaps in systems, penetrating medical records, and exploiting the most vulnerable populations. There are ways to fill these gaps that protect personal data, and bank accounts from unrecoverable losses.

1. Cyber Security Risk Assessment (CSRA). Have a cyber professional complete a CSRA. During a CSRA an IT professional will dive deep into the complicated parts of the system to see gaps or weak points that are many times overlooked from an inside point of view. The cyber security professional will gather data and present findings along with solutions to fill the gaps and strengthen systems against theft or loss of data.
2. Multi factor authentication (MFA). This has become a household name recently. Multi Factor Authentication is having a system in place that uses a password along with another form of identification, such as your cell phone, to gain access to the system. Using MFA places another layer of protection to the system and prevents unauthorized access to data.
3. Cloud backups. Backups are important to have in the event of a data breach, especially a backup that is stored in another location. Backups should be stored outside of the office, like in the cloud, and known to truly be working. If your computer or system does get hacked, you have a copy of your data. This will reduce downtime and limit interruptions in everyday business. The best kind of backup can get you back to helping clients in hours or minutes, rather than the days, weeks, or months it could take with nothing to fall back on.
4. Cyber security training. Providing Cyber Security Training can be a business saver. People are at the core of every business. Employees and clients are real people with real families that trust they are being protected from criminals indiscriminately seeking to harm them. People, employees, and clients must first be given awareness to begin to prevent criminals from stealing their money or selling their data to other criminals. Consistently educating employees on cyber security risks such as phishing attempts, the zero-trust approach, and password management are key in preventing a disastrous destruction of personal and business finances.

This list above is just a few of the many things a cyber professional can do to help strengthen your business and protect your client and business data. In today's ever-changing world, the last thing you would want is to put someone else at risk because your business didn't take the steps needed to protect them.



Ethics of Telehealth

Working Across State Lines

April 30 | 9:30 a.m.–3:30 p.m

Earn 5 Ethics CEs

- DCMHCA Member: \$90
- Non-Member: \$130 (includes one-year membership)
- Non-Member: \$120

Register at

<https://dcmhca.org/event-4770108>

Our PHD Journey *Written by Marybeth Heather, Ph.D, LCPC, ACS, NCC, CTMH , Jenae Smith, Ph.D, LCPC, NCC, Jazmone Wilkerson, Ph.D, J.D, LCPC, NCC*

Every person is on their own life journey full of bumps, bruises, and turns. Our journey as professional counselors collided as students at Argosy University, Arlington Virginia. We felt confident in our program from seeing peers in the field graduate, professionals we looked up to, and knowing the American Counseling Association (ACA) was a close neighbor to our University.

As we were starting the dissertation process at Argosy's Counselor Education and Supervision (CES) program in 2019 we received the surprising news our program was closing due to unforeseen circumstances. To say we were in shock is an understatement. We were all in panic mode. Facebook groups, text chains, and email threads were keeping us all on high alert.

We teamed up and found many options for transferring. We searched for programs to transfer our credits to or that had created an articulation agreement. The counseling profession as a whole was facing an unexpected flow of students with the massive transfers across the country.

Our Argosy professors and professional counseling network gave us support when they could. Our families let us know they wanted us to continue. We were so close to graduation!!! We would not give up. Everyone evaluated their options to become a counselor educator/supervisor, and either continued on their path to become counselor educators, decided on a new major or did not continue their education due to challenges.

Within a few weeks of the program closing we located a program. Our former professors and peers recommended Lindsey Wilson College (LWC) in Columbia, Kentucky. This program made accommodations specifically for Argosy transfer students. We interviewed, were accepted, and were beyond grateful for the new opportunity. We traveled to and from Kentucky for courses and did coursework weekly on Google Meet. We adjusted to COVID-19 with the world and kept our focus on our goal of completing our doctorates.

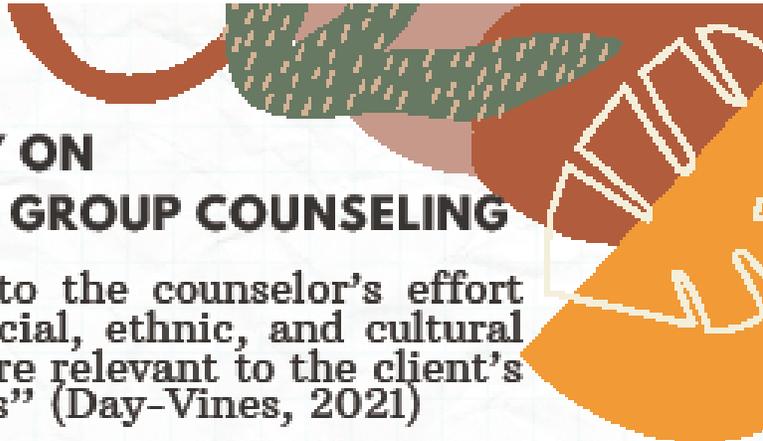
In 2021, we finalized our dissertations. Each of us had a former Argosy professor from our past dissertation committees on our current dissertation committee to support the process approved by LWC. YES! We did it. Although, our journey was not what we expected in the beginning. We made lasting friendships as traveling companions and lasting connections across the country within our cohort; all transfer students from four different states and four different Argosy locations across the south.

Our story is one of resilience. We did not allow our program closing to become a barrier to our success as counselor educators. Instead, this roadblock became a learning experience. WE MADE IT! Special BIG thank you to the educators at



LWC for taking us into their program, changing up their programming, and being mindful of our needs as students of vastly different backgrounds from their traditional students. LWC was one of many schools that showed up for counselors. THANK YOU, LWC for showing up for us and fellow peers. THANK YOU, to all the other schools that showed up for other counselors as well.

[Marybeth, Jenae and Jazmone (pictured left to right) in Nashville TN to relax at a hotel downtown before flying back to MD January 2020.]



RESEARCH STUDY ON BROACHING AND GROUP COUNSELING

“Broaching refers to the counselor’s effort to discuss those racial, ethnic, and cultural (REC) issues that are relevant to the client’s presenting concerns” (Day-Vines, 2021)

IF YOU ARE:

- 18 years or older
- Currently a licensed professional counselor OR a licensed/certified school counselor
- Currently leading a counseling group
- Able to discuss experiences of broaching in group counseling

YOU COULD EARN UP TO \$200 IN GIFT CARDS FOR COMPLETING: TWO INTERVIEWS AND TWO MEMBER-CHECK MEETINGS.

To participate, click the following link:

https://uncg.qualtrics.com/jfe/form/SV_esAygFxHYecLY0u

Contact us if you have questions:

Christian D. Chan, PhD, NCC
cdchan@uncg.edu





UPCOMING EVENTS...

LIVE WEBINARS IN MAY

May 9- The Magic Of Superheroes In Play Therapy

May 14- Sandtray Therapy w/Children and Adolescents: Integrating Digital Medium

May 28- Kaleidoscope of Play Therapy of a Different Kind

LIVE WEBINARS IN JUNE

June 14- Cross-Cultural Consideratuons for Hispanics: Latinx Children & Families

June 20- Gestalt Play Therapy, What I Learned From Violet Oaklander, The Master

June 29- When Anxiety Goes up, Learning Goes Dwon. Give Anxiety What It Needs, Not What It Wants: Interventions for the Classroom and Play Therapy Room

REGISTER HERE FOR OUR LIVE WEBINARS

<http://www.cbpseminars.org/therapy-training-event-or-training-calendar>

BOOT CAMP 2022 STARTS JULY 11

REGISTRATION OPEN NOW

<http://www.cbpseminars.org/therapy-training-training/play-therapy-summer-bootcamp>





Chesapeake Beach
PROFESSIONAL SEMINARS LLC



TRACK A: THE FAST TRACK FOR BECOMING A PLAY THERAPIST

REGISTRATION OPEN NOW

Begin your journey today!

WHO IS ELIGIBLE:

All licensed mental health professionals. Graduate students (may begin training). Professional school counselors, and school psychologists, please consult the APT website for official information <https://www.a4pt.org/>.

REQUIRED TRAINING

150 hours of play therapy-specific training, approved by the Association for Play Therapy, and 35 hours of clinical supervision by a Registered Play Therapist-Supervisor - 16 of the hours may be group supervision. Training to be completed over 2 years

Be sure to read the official guidelines by APT:

<https://www.a4pt.org/general/custom.asp?page=CredentialsInfo> for first-hand information.

What does Track A mean?

- Participants take 150 hours of play therapy-specific training over a 2 year period and pay a flat fee.
- A signed agreement is required
- Training offered as live-webinar, in person, or pre-recorded
- Training offered either 2, 3, 6 or 12 hours
- Training listed on the CBPS training calendar on the website (cbpseminars.org)
- Pre-registration for each workshop is required
- The cost of play therapy supervision is not included

COST: \$2750.00 which represents a savings of over \$1,500.00.

Supervision cost not included. Payment options available

150 HOURS OF TRAINING ARE TO BE COMPLETED WITHIN 2 YEARS.

For more information and to apply, please visit

<https://www.cbpsseminars.org/therapy-training-register-for-track-a>

Questions? Feel free to contact us! 240.535.1433 or cbps2006@gmail.com



To register for MCA or any of our events, please go to www.md counseling.org.

View the [latest resources](#) for the public, students and professionals.

Find us on Facebook ([@mdcounseling](#)) and Twitter ([@md_counseling](#)).

Contact the MCA Executive Director for more information about committees and open board positions.

DIVISION PRESIDENTS

MACES President

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MASERVIC President

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SAIGE-MD President

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MCSJ President

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COMMITTEE CHAIRS

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Credentialing Chair

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Newsletter Chair

Michelle Schoonmaker
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Archives Chair

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Emerging Leaders Chair

Marja Humphrey
elchair@MDCounseling.org

Program Planning Chairs

Cheryl Fisher
program@MDCounseling.org

Awards Chair

Glenda Dickonson
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Human Rights Chair

Michael McGee
Humanrights@MDCounseling.org

Public Relations Chairs

Annyck Hamez
Open (Co-chair)
public.relations@MDCounseling.org

Bylaws Chair

Open
bylaws@MDCounseling.org

Membership Chair

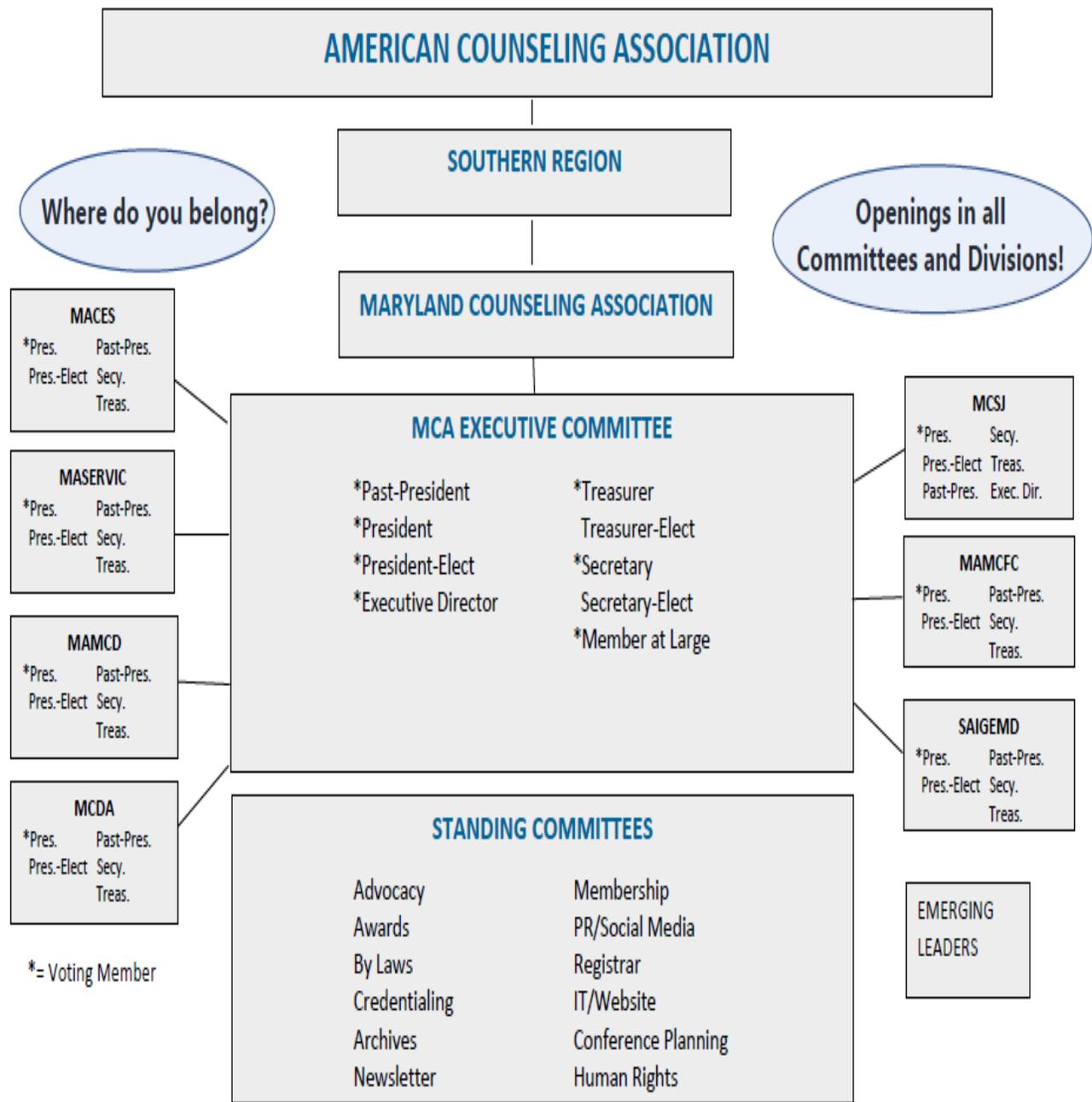
Atiya Smith
membership@MDCounseling.org

Registrar

Cathie Eaton
events@MDCounseling.org

Networking Chair

Marybeth Heather
networking@MDCounseling.org



MACES-Maryland Association of Counselor Education and Supervision
MASERVIC-Maryland Association for the Spiritual, Ethical and Religious Values in Counseling
MAMCD-Maryland Association for Multicultural Counselor and Development
MCDA-Maryland Career Development Association
MCSJ-Maryland Counselors for Social Justice
MAMCFC-Maryland Association for Marriage, Couples and Family Counseling
SAIGEMD-Maryland Society for Sexual, Affectional, Intersex, and Gender Expansive Identities

MSCA Liaison	LCPC-M Liaison	MAMHC Liaison
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****MSCA**-Maryland School Counselor Association
****LCPC-M**-Licensed Clinical Professional Counselors of Maryland
****MAMHC**-Maryland Association of Mental Health Counselors
******These organizations are not active divisions, but we have liaisons with each.

Why should you join MCA?

Membership is important to your professional growth and career development. It provides:

- Continuing education opportunities at discount prices
- Grant opportunities
- Early notification of MCA and MCA Division events
- A list of events that you have participated in
- Notification of current public policy issues and new laws of interest to professional counselors
- Support and advocacy for professional counseling in the state of Maryland
- Leadership training for board members
- Electronic reminders to renew your membership



[Click here](#) to join MCA today!

Not ready to join? Choose the non-Member contact option for a no-cost way to add your name to our email list.

Newsletter Submissions Guidelines

Advertisements can be submitted by members and nonmembers for inclusion in the newsletter. Ads will be copied into the newsletter as submitted, including active links and images. Editing by Newsletter Team will only be resizing to requested space.

Articles relevant to the organization or profession may be submitted for inclusion in the newsletter. Submissions may be from members and nonmembers. Please note that promotions and endorsements **are not** considered articles; they must be submitted as paid advertisements.

Announcements may be submitted for inclusion by MCA committees, divisions and affiliates. This can include upcoming events, important news, etc.

How much do ads cost?

Pricing is based on size of the ad per page. A quarter page is \$25, a half page is \$50 and a full page is \$75. For example, if your ad is 2 full pages, your total will be \$150.

What forms of payment do you accept?

We accept payments via check and credit card. Checks must be mailed to PO Box 1971 Clinton MD 20735 % MCA Treasurer. Please note "Newsletter Ad" in the memo. For paying by credit card, please purchase ad space via the new [MCA store](#).

How often is there a newsletter release?

Newsletters are released quarterly. When released, it is emailed to subscribers and posted to MCA's website at: <http://www.md counseling.org/page-1596008>.

When is the next newsletter deadline?

<i>Edition</i>	<i>Submission Deadline</i>	<i>Publication Month</i>
Summer	July 15 th	August
Fall	October 15 th	November
Winter	January 15 th	February
Spring	April 15 th	May

Can I post my ad or event on the MCA website?

Yes, contact MCA's Virtual Assistant at Website@MDCounseling.org.

Can I submit events to the weekly digest?

Yes, contact the Public Relations Committee at Public.Relations@MDCounseling.org.