

March Learning Circle



Preparing for Transition of Loss and End of Life with a Death Doula



Facilitated by

**Dr. Elizabeth Nyang, LCPC, President MASERVIC
and Hemali V. Vora, MPT**

March 6, 2023

12-1pm EST Live Via Zoom



MASERVIC is proud to present an interactive panel discussion by leading experts on how to help clients and their families faced with Death and Dying. Panelists will share how to support clients with different religious, cultural and traditional practices. After this workshop, attendees will be able to 1) Summarize different religious, cultural and traditional practices used in preparing for end of life 2) Develop a cultural formulation overview to better explore a client's view of death and dying and 3) Discuss "Holding the Space" with clients and their families that are dying in order to reduce negative symptoms of anticipatory grief.

Dr. Elizabeth Nyang, LCPC has a Master's Degree in Counseling from Seton Hall University and a Doctorate of Counseling Psychology from the American School of Professional Psychology. She works with adult clients to treat mood disorders, family discord and workplace stress. She uses a cognitive behavioral approach with Gestalt techniques integrated with meditation and tai chi with over 14 years of clinical experience. She is a past-president of MCA and current President of the MASERVIC Division.

Hemali V. Vora is an expert holistic practitioner, intuitive energy healer, spiritual mentor and author. In addition to over two decades as a physical therapist, Ms. Vora is an End of Life Doula, trained through the University of Vermont, Larner College of Medicine. She provides comprehensive support to terminally ill clients and their families, coaching them through the bereavement processes. She is the author of "Sacred Death: 25 Tools for Caregivers" (2021)

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1.0 NBCC Clock Hour

**MCA Student /Retired \$5
MCA Prof/Life Members \$10
MCA Non-Members \$15
MASERVIC Members FREE**

<https://mdcounseling.org/event-5157329>

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