





Counseling Adults with Late-Diagnosed ADHD

Dr. Amy L. Marschall, PsyD

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ADHD is a neurodevelopmental condition that continues across the lifespan. Because neurodiversity can manifest in multiple ways, many adults with ADHD were overlooked, undiagnosed or misdiagnosed in their childhood. Navigating life with undiagnosed ADHD is exhausting and traumatic, and those diagnosed later in life have a higher risk for anxiety, depression, OCD, PTSD and other mental health conditions compared to those without ADHD. Attendees of this webinar will learn:

- 1) how to identify and assess symptoms of undiagnosed ADHD in adults
- 2) differentiate symptom variation with attention to gender, race and cultural presentations
- 3) analyze evidence-based treatment options for ADHD and

4) develop client centered treatment plans that include referrals for additional supports and address the underlying grief, trauma and other responses common to late ADHD diagnosis.

Dr. Amy L. Marschall is a clinical psychologist, educator, speaker and author. She is licensed in South Dakota, North Dakota, Montana, New York and Florida. She earned her doctorate from the University of Hartford in 2015, completing an internship at the Psychology Training Consortium, Central Region focusing on assessments and rural health. Dr. Marschall works with primarily with children and adolescents as well as offering assessment services for children through adults for ADHD, Autism, anxiety or other mood difficulties, concerns about personality, memory or other mental health conditions. She is the owner of a full-time private clinical practice, Resiliency Mental Health.

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